

# UPTOWN FAMILY MEDICINE

## New Patient Health Questionnaire

Please note this questionnaire is designed to get to know you, assess your current and previous health concerns, in an effort to provide you the best care possible. It is strictly confidential and the information will help build your patient profile.

### Demographics

Patient Name: \_\_\_\_\_  
*First Middle Last Preferred name (if applicable)*

Gender: \_\_\_\_\_

Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_  
DD / MM / YYYY

Medicare Card #: \_\_\_\_\_

Expiration Date: \_\_\_\_/\_\_\_\_  
MM / YYYY

Occupation: \_\_\_\_\_

Employer: \_\_\_\_\_

Home Phone ( ) \_\_\_\_\_

Alternate Phone ( ) \_\_\_\_\_

Mobile Phone ( ) \_\_\_\_\_

2nd cell  Work  Other  \_\_\_\_\_

### Alternate Contacts

Next of Kin: \_\_\_\_\_

Relationship to Patient: \_\_\_\_\_

Contact Number: \_\_\_\_\_

Do you have a Power of Attorney (POA)?

POA's Name \_\_\_\_\_

Relationship to Patient: \_\_\_\_\_

Contact Number: ( ) \_\_\_\_\_

Is your POA for (check all that apply): Personal Care  Financial

### Insurance

Do you have an insurance provider outside of Medicare? (i.e. for prescription medications)

Yes  No

If yes, who is the insurance provider? \_\_\_\_\_

What Pharmacy do you usually use for prescription refills? \_\_\_\_\_

Where are they located? \_\_\_\_\_

**Social History**

Marital Status: \_\_\_\_\_

Partners Name: \_\_\_\_\_

Do you have children? Yes  No

If yes, what are their names and ages? \_\_\_\_\_

**Tobacco use:** Never

*If so, are you...*

Former smoker?

quit when: \_\_\_\_\_

Interested in quitting? Yes  No

Current smoker?

cigs/day: \_\_\_\_\_

Have you previously tried to quit smoking?  
Yes  No

If so, how did you do it? \_\_\_\_\_

**Alcohol use:** No

Never

Yes

How many drinks per week? \_\_\_\_\_

Have you had a problem with alcohol use? Yes  No

**Recreational drugs:** Never

If yes please specify: \_\_\_\_\_

(including marijuana) In the Past

Currently

**Caffeine:** Yes  No

# cups/day: \_\_\_\_\_

**Exercise:** Daily

Specify: \_\_\_\_\_

Weekly

Never

**Family History**

*Please list any illnesses, especially cancers that seem to run in the family:*

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Specifically, is there any history of:

Heart Attack  Who: \_\_\_\_\_ Age(s): \_\_\_\_\_

Cancer  Who: \_\_\_\_\_ Age(s): \_\_\_\_\_

**Allergies / Sensitivities**

Do you have medication allergies: Yes  No

Do you have environmental allergies: Yes  No

## Personal Health History

Please check any and all that apply to you now or in the past....

- |                      |                          |                    |                          |                      |                          |
|----------------------|--------------------------|--------------------|--------------------------|----------------------|--------------------------|
| Angina               | <input type="checkbox"/> | Arthritis          | <input type="checkbox"/> | Anorexia             | <input type="checkbox"/> |
| Heart attack         | <input type="checkbox"/> | Fibromyalgia       | <input type="checkbox"/> | Anxiety              | <input type="checkbox"/> |
| High blood pressure  | <input type="checkbox"/> | Gout               | <input type="checkbox"/> | Bipolar disorder     | <input type="checkbox"/> |
| High cholesterol     | <input type="checkbox"/> | Osteoporosis       | <input type="checkbox"/> | Depression           | <input type="checkbox"/> |
| Pacemaker            | <input type="checkbox"/> |                    |                          | Panic attacks        | <input type="checkbox"/> |
| Stroke / mini-stroke | <input type="checkbox"/> | Thyroid disease    | <input type="checkbox"/> | Mental health        | <input type="checkbox"/> |
| Celiac disease       | <input type="checkbox"/> | Asthma             | <input type="checkbox"/> |                      |                          |
| Crohn's disease      | <input type="checkbox"/> | COPD               | <input type="checkbox"/> | Alzheimer's          | <input type="checkbox"/> |
| Ulcerative colitis   | <input type="checkbox"/> | Emphysema          | <input type="checkbox"/> | Dementia             | <input type="checkbox"/> |
| Diverticulosis       | <input type="checkbox"/> | Sarcoidosis        | <input type="checkbox"/> | Seizure disorders    | <input type="checkbox"/> |
| IBS                  | <input type="checkbox"/> |                    |                          | Other neurological   |                          |
| Acid Reflux (GERD)   | <input type="checkbox"/> | Anemia             | <input type="checkbox"/> | disorder             | <input type="checkbox"/> |
|                      |                          | Bleeding disorders | <input type="checkbox"/> | Migraines            | <input type="checkbox"/> |
| Gallbladder issues   | <input type="checkbox"/> | Blood clots        | <input type="checkbox"/> | Sexually transmitted |                          |
| Hepatitis            | <input type="checkbox"/> | Liver disease      | <input type="checkbox"/> | infections           | <input type="checkbox"/> |
| Pancreatitis         | <input type="checkbox"/> | Cancer             | <input type="checkbox"/> | Eczema               | <input type="checkbox"/> |
| Kidney stones        | <input type="checkbox"/> | Psoriasis          | <input type="checkbox"/> | Cataracts            | <input type="checkbox"/> |
| Kidney disease       | <input type="checkbox"/> | Rashes             | <input type="checkbox"/> | Hearing loss         | <input type="checkbox"/> |

## Woman's Health

Difficulty getting pregnant  Endometriosis

Polycystic ovarian syndrome  Heavy Periods

Pregnancy History: # of pregnancies \_\_\_\_ # vaginal deliveries \_\_\_\_ # Caesarian sections \_\_\_\_

Were there any complications in your pregnancy or deliveries:

---

---

---

Contraception / Birth control Yes  No  What name?: \_\_\_\_\_

Are you planning on becoming pregnant now or in the near future? Yes  No

Have you had a mammogram? Yes  No  Last was when?: \_\_\_\_\_

When was your last Pap test? Never  Last was when?: \_\_\_\_\_

Have you had abnormal Paps? Yes  No  Previous Colposcopy? Yes  No   
If yes when: \_\_\_\_\_

## Men's Health

Erectile dysfunction                       Difficulty with urination                       Prostate issues

Have you previously had prostate cancer testing (e.g. PSA)?      Yes  No

Would you like to discuss future screening?                      Yes  No

## Screening

*Have you had...*

Stool tests for colon cancer?                      Yes  No  Year: \_\_\_\_\_

A colonoscopy?                      Yes  No  Year: \_\_\_\_\_

Osteoporosis testing                      Yes  No  Year: \_\_\_\_\_

## Hospitalizations

*Please list any previous hospitalizations*

Reason	Year	Length of stay
_____		
_____		
_____		

## Surgeries

*Please list any previous surgeries*

Type of surgery	Year	Length of stay
_____		
_____		
_____		

## Immunizations

When was you last **tetanus shot**? >10 years ago  >5 years ago  <5 years ago

Have you previously gotten the 'flu shot'?                      Yes       When: \_\_\_\_\_

Have you gotten the **Twinnrix®** (Hepatitis A & B) vaccine?                      Yes       When: \_\_\_\_\_

Have you gotten the **Pneumovax®23** (pneumonia) vaccine?                      Yes       When: \_\_\_\_\_

Have you gotten the **Prevnar®13** (pneumonia) vaccine?                      Yes       When: \_\_\_\_\_

Have you gotten the **Zostavax®** (Shingles) vaccine?                      Yes       When: \_\_\_\_\_

Have you gotten the **Gardasil®13** (HPV) vaccine?                      Yes       When: \_\_\_\_\_

Have you gotten the whooping cough (pertussis) vaccine?                      Yes       When: \_\_\_\_\_

Have you received other vaccines and when? \_\_\_\_\_